

# JUNE 2021



SUN

MON

TUE

WED

THU

FRI

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5:30-8pm Friday  
Night Vibes:  
*Live Music by  
Mark Jackson*

9am PRIDE  
Power Flow  
Yoga

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7:30-9pm Tribal  
Belly Dancing

5:30-6:30pm  
Beer Tasting

8:45pm Dive-In  
Movie

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5:30-6:30pm  
Wine Tasting

2-5pm Last Day  
of School Party!  
5:30-8pm Friday  
Night Vibes

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5-6:30pm  
Mixson Member  
Business  
Networking  
Happy Hour

6:30-8pm  
Poolside Game  
Night

Poolside Beer  
Tasting: Holy  
City Brewery  
time TBA

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12-5pm Pride  
Market and  
Street Fair

## Here's what's happening:

6/4 Friday Night Vibes, 5:30-8:30pm: Come join us poolside for live music from Mark Jackson.

6/5 PRIDE Power Flow Yoga, 9am: Join Mandi for a special PRIDE yoga flow class. PRIDE Power Flow: Promote, Respect, Inclusion, and Dignity for Everyone! We talk all the time in class about accepting and loving ourselves for who we truly are. PRIDE week is all about that...and MORE. Let's flow together and show our support for our LGBT community! Wear your rainbow colors!

6/9 Tribal Belly Dancing, 7:30-9pm: Meet up in the Wellness Room for a liquid warm-up at 7:30 (BYOB), class begins at 8pm. No experience required, come enjoy an evening of amazing music and company!

6/10 Beer Tasting @ the Market, 5:30-6:30pm: Join us in the Market and taste a variety of beers. Space is limited, please email [ryan@mixsonclub.com](mailto:ryan@mixsonclub.com) to reserve your spot.

6/12 Dive In Movie, 8:45pm: Watch Back to the Future poolside with us!

6/17 Wine Tasting @ the Market, 5:30-6:30pm: Complimentary wine tasting, space is limited. Email [ryan@mixsonclub.com](mailto:ryan@mixsonclub.com) to reserve your spot.

6/18 Last Day of School Party, 2-5pm: Come for some Last Day of School FUN!

6/18 Friday Night Vibes, 5:30-8:30pm: Come join us poolside for live music from Wayne Daws.

6/20 Father's Day: Come see us at the pool shop for a complimentary beer as a THANK YOU to all the dads!

6/23 Mixson Member Business Networking Happy Hour, 5-6:30pm: BYOB for this Mixson Member event (no glass). Own a business in town or have a product or service you offer? Let's build a Mixson network! Come and meet others in our membership that are fellow business-owners, entrepreneurs, or service providers for this low-key networking event.

6/24 Poolside Game Night, 6:30-8pm: Join the pros from Charleston Charm Entertainment for this month's poolside Game! Competition is on – bring a team or find one here and have a blast!

6/27 Pride Market and Street Fair, 12-5pm: Join us street side in front of the Mixson Market in celebration of Pride Month! Local LGBTQ vendors will be here with amazing products, live music from local LGBTQ artist, food and drinks from Mixson Market, Mixson Burgers and Brews, Roti Rolls, Booze Pops, and MORE! Details to follow!

## Wellness Schedule:

Mondays:

8am Yoga with Joe

Tuesdays:

5:30pm Poolside Yoga with Mandi

5:30-7pm Jiu Jitsu

Wednesdays:

7:45am HIIT with Laurie (in person and Zoom) \*\*6/16 Zoom ONLY

Thursdays:

5:30-7pm Jiu Jitsu

Fridays:

4:30pm Yoga with Joe

Saturdays:

9am Yoga with Mandi

10am HIIT with Jason/ Laurie (in person and Zoom)

11-12:30pm Jiu Jitsu

Sundays:

10am Aqua Bootcamp with Laurie (6/6 and 6/20)

10am Aqua Zumba with Baron (6/13 and 6/27)

11am Yoga Fusion with Christine (virtual)

\*See weekly emails for Zoom links and updates.

As we re-start events, thank you for keeping COVID guidelines and recommendations in the forefront. Thought has been given to planning each event so we can keep each other safe while we have fun!

We ask that you maintain at least 6 ft of distance with those not in your immediate family. Thank you for wearing masks when not able to maintain distance or while moving around the pool deck and while indoor our facilities.

Please stay home if you are feeling un-well or have knowingly been exposed to COVID-19.